

t is a sad indictment that so many of the articles which I have written over the last few years delve into family violence.

But, in the shadow of recent events over the last few weeks, I know it is top of mind for many readers.

There is an element of family violence in over 70% of cases before the family courts.

Family violence takes many forms including sexual and physical abuse, financial abuse, emotional abuse and coercive control.

Unfortunately, there is still an enormous lack of understanding about family violence which doesn't take the form of physical abuse. Even many victims of emotional abuse or coercive control don't consider themselves

to be in an abusive relationship. There is still a desperate need for better education of the judiciary and the police about the nuances of abusive relationships. We see many victims of long standing emotional abuse finally cracking and lashing out and then finding themselves at the wrong end of an AVO or common assault charge.

If you are being isolated from friends and family, if your spending is monitored or unreasonably restricted by your partner, if you feel coerced into doing something against your will because of threats of recrimination, if you feel frightened or intimidated or that you're constantly "walking on egg shells", then you may be in an abusive relationship. It is crucial to get support. Phone 1800 RESPECT or speak to a family lawyer.



FREE 10 MINUTE CONSULTATION

For a FREE confidential 10 minute phone consultation, call Managing Director, Fiona Reid.

Fiona Reid is the Managing Director of Reid Family Lawyers, a boutique specialist family law firm with offices in Brookvale and Surry Hills. She is supported by a team of expert family lawyers. The firm has a wealth of experience in all facets of family law including complex property matters, parenting matters, child support and spousal maintenance issues, relocation, de facto and same sex issues, surrogacy and adoption.



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