



My ex has a new partner

The introduction of your ex's new partner into the lives of your children can be a stressful time, especially if they try to be overly familiar or overly involved in the early days of the relationship.

That said, and subject to a situation where a new partner may pose an actual risk to your kids there is little you can do to exclude them from your kids' lives, and trying to do so, will, without question, cause stress for your children.

Some dos and don'ts

- Do ask to meet with your ex's new partner. This may help to allay any concerns you have about them.
- Don't speak badly about your ex's new partner to your kids.

- Don't make your kids feel bad about saying positive things about your ex's new partner.

And some dos and don'ts for new partners:

- Don't involve yourself in things which are the realm of the kids' parents eg school events and extra-curricular activities.
- Don't post photos of your partner's children on your social media platforms without consent.
- Don't denigrate your partner's ex in the presence or hearing of the children.
- Be understanding of the discomfort your partner's ex may feel about new people coming into their kids' lives and do what you can to allay their concerns.



FREE 10 MINUTE CONSULTATION

For a FREE confidential 10 minute phone consultation, call Managing Director, Fiona Reid.

Fiona Reid is the Managing Director of Reid Family Lawyers, a boutique specialist family law firm with offices in Brookvale and Surry Hills. She is supported by a team of expert family lawyers. The firm has a wealth of experience in all facets of family law including complex property matters, parenting matters, child support and spousal maintenance issues, relocation, de facto and same sex issues, surrogacy and adoption.



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