

## One woman dies each week at the hands of her current or former partner

18 November 2022 is White Ribbon Day - a day to focus on domestic violence against women and how we can change it.

More than 70% of litigants in the Family Courts report some level of family violence in their relationships.

And violence is not just physical. It's emotional and verbal abuse, throwing things or punching holes in the wall, hurting the family pet, controlling and coercive behaviour, gaslighting, isolation from friends and family, financial control and the list goes on.

Many women are too afraid to report their situation to the police and too embarrassed to share their experiences with family and friends. Often the catalyst to leave a relationship is only triggered when the abuse is directed towards the children.

Many women report to me that they see their kids, especially their young male children, as they embark on adolescence, mimicking the same contempt and rudeness which they have learned from the abuser.

And so the cycle continues.

Growing up in an environment of domestic abuse has both short term and long lasting detrimental impacts on your children. It can affect their concentration at school and their ability to form healthy relationships of their own. Parents are supposed to protect their children and make them feel safe. Growing up amidst violence causes irreparable trust issues for your children.

There are many avenues for support if you think you might be the victim of family violence. No-one deserves to be abused.



## FREE 10 MINUTE CONSULTATION

For a FREE confidential 10 minute phone consultation, call Managing Director, Fiona Reid.

Fiona Reid is the Managing Director of Reid Family Lawyers, a boutique specialist family law firm with offices in Brookvale and Surry Hills. She is supported by a team of expert family lawyers. The firm has a wealth of experience in all facets of family law including complex property matters, parenting matters, child support and spousal maintenance issues, relocation, de facto and same sex issues, surrogacy and adoption.



Reid **Family** Lawyers

A SPECIALIST FAMILY LAW FIRM, COMMITTED TO HELPING YOU.